

## 8-Week Youth Leadership Program Agenda

### **Week 1 – Introduction to Communication**

- Icebreakers
  - Program overview
  - First short speaking activity
  - Homework: Prepare Icebreaker speech
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### **Week 2 – Organizing Your Speech**

- Speech structure (beginning, middle, end)
  - Deliver Icebreaker speeches
  - Feedback basics
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### **Week 3 – Vocal Variety & Body Language**

- Voice, tone, pace
  - Gestures and eye contact
  - Practice exercises
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### **Week 4 – Listening & Evaluation Skills**

- How to listen actively
  - Giving constructive feedback
  - Practice evaluations
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### **Week 5 – Impromptu Speaking**

- Introduction to Table Topics
  - Thinking on your feet
  - Fun speaking games
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### **Week 6 – Persuasive Speaking**

- How to influence an audience
  - Build a persuasive message
  - Practice speeches
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### **Week 7 – Leadership Skills**

- What is leadership?
  - Teamwork activities
  - Running a meeting
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### **Week 8 – Final Presentations & Celebration**

- Final speeches
  - Awards / certificates
  - Reflection and recognition
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### **Bonus: Sample Weekly Flow (1–2 hours)**

- Welcome / Icebreaker (10 min)
- Lesson Topic (15–20 min)
- Speaking Practice (30–40 min)
- Evaluations (20–30 min)
- Wrap-up / Homework (5–10 min)